



One Day Courses 2021/22





Mind the Gap Academy's range of one day courses are the perfect introduction to the performing arts for people with a learning disability aged 18+. By training alongside England's leading learning disability and autism led performance and live arts companies, students are immersed in the performing arts from the moment they walk into our beautiful, fully accessible studios.

These beginner level courses are run by highly experienced tutors who know how to bring out the best in each and every student. All teaching is person centred so that students can develop at a rate that suits and challenges them, their learning style and takes into consideration the amount of experience they have.

Being part of the Academy helps students grow in confidence, make friends, get better at communicating and work as part of a team. What's more, all students have the opportunity to see work by other professional companies and enjoy workshops led by industry professionals.



"Her confidence levels have improved so much in such a short time ... she's happy, doesn't want to miss a day and we're never allowed to be late!"

Parent of One Day Course Student

General Information

Each One Day course takes place on a different day so you can sign up to just one, or all four.

Applicants must be over the age of 18 on 1 September 2021 and have a learning disability.

All courses start in September 2021.

Courses run for 35 weeks and are split into terms.

A typical day runs from 10am - 3pm (4 guided learning hours per day).

Courses cost around £40 per day but this can usually be covered by your personal budgets or your local authority. Please speak to your social worker or call us on 01274 487390 for more information.

Free taster sessions are available for all courses.

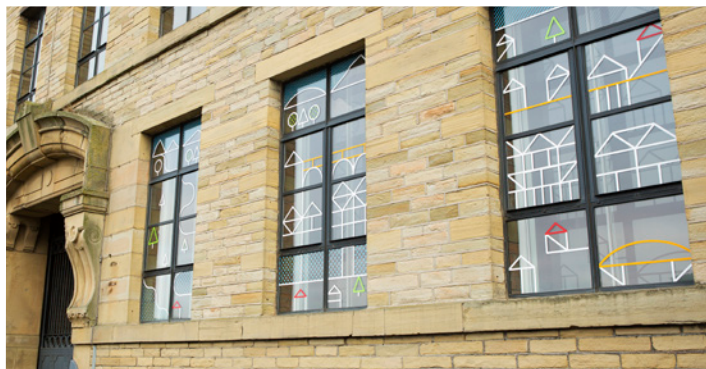
MTG Studios

Mind the Gap's state of the art, fully accessible studios are based in Lister Mills in the heart of Manningham, Bradford.

Mind the Gap,
Silk Warehouse,
Patent Street,
Bradford,
BD9 4SA



Find us on Google



One Day Theatre

Our one day Theatre course is aimed at people who are interested in learning and developing theatre and acting skills. This beginner level course will cover subjects including:

- Improvisation
- Ensemble work (acting with other people)
- Learning scripts
- Developing characters

Students will also learn how to evaluate their own work and have plenty of opportunity to perform the skills they have learned in front of an audience.



Accreditation available
through Arts Award



Mondays 10am-3pm

One Day Dance

The one day Dance course uses the essence of everybody's movements to create new choreography through a mix of improvisation, technique and choreography. Inspired by contemporary dance styles and dancers, students will:

- Develop dance skills
- Learn about choreography
- Research dance artists and companies

Students will also have the opportunity to create their own dance pieces and have the chance to perform in front of an audience.



Accreditation available
through Arts Award



Thursdays 10am-3pm

One Day Music

For those who have a musical side and want to improve their skills, the one day Music course could be just what you're looking for. Students will:

- Play different musical instruments
- Learn about rhythm
- Create your own melodies
- Try some musical improvisation

Students will also have the opportunity to perform in front of an audience. This could be music you have learnt as a group or even written yourself!



Accreditation available
through Arts Award



Fridays 10am-3pm

Totally Arts

Totally Arts operates on an 'if you enjoy the arts, then come on in' basis. No experience is necessary, and no audition is required to join.

Topics are explored through lots of sensory activities so that everyone can access the work. Some students are challenged more, while others might simply enjoy the sensory activity. Each day is a standalone session, so should a student miss a workshop, their learning and engagement isn't compromised.



In partnership with
Totally Inclusive People



Tuesdays 10am-3pm

Taster Sessions

Arrange a taster session and spend some time with our current students!

You will meet the course tutors, get to know the building and try out the kind of work you will be doing if you join one of our courses.*

To arrange a taster session contact Melissa Conyers on 01274 487390 or email melissa@mind-the-gap.org.uk

*Taster sessions may happen online in 2021.



How to Apply

Fill in an application form and send it back to us by **Thursday 1 April** to:

Email: melissa@mind-the-gap.org.uk

Post: Mind the Gap, Silk Warehouse,
Patent Street, Bradford, BD9 4SA.

What happens next?

When we have received your application form, we will contact you and ask you to attend an audition and interview on **Friday 16 April** or a Taster Session depending on the course(s) you have applied for.

Want more information?

If you have any questions, please contact Melissa Conyers on 01274 487390 or email melissa@mind-the-gap.org.uk

All information correct at the time of going to print.

MIND THE GAP Academy



mind-the-gap.org.uk



Images: Les Parkinson, Tim Smith



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